

# Health Record Requirements

## **DC Universal Health Certificate**

The DC Universal Health Certificate is required for all children attending child care in the District of Columbia. Only the form provided by OSSE is acceptable. This form is required annually to document a child's yearly physical. It must be up to date in order for a child to remain eligible to attend a child care center. Please be sure that the doctor completes the form in its entirety. All forms must include the doctor's signature and official stamp. Forms with corrections including white-out, are not acceptable. Please be sure that all sections are complete:

1. **Child's Personal Information**
2. **Date of Physical Exam:** DC requires proof that all children have received a physical exam within the last 12 months. The form expires on year from the date of the physical exam.
3. **Vaccination Record:** Please refer to page 2 of the form for DC's vaccination requirements. If your child's immunizations are delayed for any reason, the doctor must complete the Medical Exemption from Immunization found in Part 5 of the form.
4. **Tuberculosis (TB) Test:** All children entering child care or school are required to be screened for TB prior to enrollment and each year after. Children at high risk for TB are required to have a TB skin test done.
5. **Lead Test:** A blood test level for lead poisoning is required for all children between the ages of 6 and 9 months and again between 22 and 26 months. If the child was not tested before 26 months, the child must be tested once before enrolling in the center and again before the age of 6 (the tests must be at least 12 months apart).

## **DC Oral (Dental) Health Assessment Form**

Documentation of your child's oral (dental) health care is required starting with the 3<sup>rd</sup> birthday and then annually after that. The DC Oral Health Assessment Form is the required to document each dental visit. Though the requirement of OSSE is documentation of oral health care starting at age 3, we encourage all families to follow the recommendations of the American Dental Association and begin their child's dental care by age 1. If your child does have a dental exam before age 3 please provide the completed form for documentation.

## **Well Baby/Well Child Visits**

During the first 5 years of life your child is scheduled for routine appointments with their doctor known as well baby or well child visits. The purpose of these visits is to help your doctor make sure that your child's weight gain and growth are on track, his/her development is progressing normally, and he/she is eating well and getting the nutrients needed. Immunizations are also administered at some of these visits. These visits should occur on the ages in the chart below.

**Please provide documentation of each of these visits, including any immunizations received.** These visits may be documentation on the Universal Health Certificate or another form of documentation provided by your child's doctor, such as a "Summary of Visit".

<b>2 Months</b> – Well Baby Check and Immunizations	<b>18 Months</b> – Well Baby Check and Immunizations
<b>4 Months</b> – Well Baby Check and Immunizations	<b>24 Months</b> – Well Baby Check
<b>6 Months</b> – Well Baby Check and Immunizations	<b>30 Months</b> – Well Baby Check
<b>9 Months</b> – Well Baby Check	<b>3 Years</b> – Well Baby Check
<b>12 Months</b> – Well Baby Check and Immunizations	<b>4 Years</b> – Well Baby Check
<b>15 Months</b> – Well Baby Check and Immunizations	<b>5 Years</b> – Well Baby Check